



Looking Forward Our Way

www.lookingforwardourway.com

@ the 511 Studios; 511 South High Street; Columbus, OH 43215

Brett Johnson brett4.johnson@gmail.com Carol Ventresca caventresca@gmail.com

GUEST CONTACT INFORMATION

Guest: Charity Eilerman, Manager of Senior Hunger Programs, Mid-Ohio Food Collective

Mid-Ohio Food Collective

<https://mofc.org/>

<https://www.linkedin.com/company/mofcollective/>

Mid-Ohio Food Collective programs for seniors

<https://mofc.org/seniors/>

Commodity Supplemental Food Program (CSFP) provides a monthly box of shelf-stable items (Call 614/317-9443)

<https://mofc.org/wp-content/uploads/2023/09/What-is-CSFP-UPDATED-08212023-amt.pdf>

Assistance on the enrollment for SNAP benefits <https://mofc.org/snap-outreach/>

Other programs at the Mid-Ohio Food Collective

Mid-Ohio Farm <https://mofc.org/mid-ohio-farm/>

Mid-Ohio Farmacy <https://mofc.org/mid-ohio-farmacy/>

Mid-Ohio Kitchen <https://mofc.org/mid-ohio-kitchen/>

Mid-Ohio Market <https://mofc.org/mid-ohio-market/>

Would you like to volunteer at the Mid-Ohio Food Collective? <https://mofc.org/volunteer/>

Please consider donating to the Mid-Ohio Food Collective <https://mofc.org/get-involved/>

REFERENCES AND RESOURCES:

Local food pantries, as well as those outside of Central Ohio, can be found at Fresh Trak <https://freshtrak.com/>

Food Banks in Central Ohio can also be found through LSS 211 <https://lssnetworkofhope.org/211centralohio/>

Meals On Wheels programs throughout the country can be found through a zip code search at this site

<https://www.mealsonwheelsamerica.org/find-meals>

In Ohio, seniors can participate in the Senior Farmers Market Nutrition Program. For details go to

<https://aging.ohio.gov/see-news-and-events/news/sfmpnp-2025>

Central Ohio Network of Villages

<http://coaaa.org/cms/resources/aging-in-place/villages?highlight=WyJ2aWxsYWdlcyJd>

Settlement House Programs in Columbus:

Central Community House <https://www.cchouse.org/about>

Clintonville-Beechwood Community House <https://www.clintonvillecerc.org/>

Gladden Community House <https://www.gladdenhouse.org/>

Godman Guild <https://www.godmanguild.org/>

St. Stephens Community House <https://liveunitedcentralohio.org/agency/st-stephens-community-house-2/>

Housing programs:

COAAA Housing Guide

http://www.coaaa.org/cms/images/docs/guides/Central_Ohio_Senior_Housing_and_HomeRepair_Guide.pdf

COAAA Nesterly Program

<http://coaaa.org/cms/resources/aging-in-place/nesterly?highlight=WyJuZXN0ZXJseSIsIm5lc3Rlcmx5J3MiXQ==>