



## Looking Forward Our Way

[www.lookingforwardourway.com](http://www.lookingforwardourway.com)

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### GUEST CONTACT INFORMATION

#### Medical Assistance and Legal Options for End-of-Life Care

##### Guests:

Kathleen Carmody, Owner of Senior Matters Home Health Care and Consulting, a Certified Death Doula and Certified Dementia Practitioner AND

Molly McMahan Graziano, Director of Outreach for Ohio End of Life Options

#### Senior Matters Home Health Care and Consulting

<https://www.seniormattershomehealthcare.com/>

<https://www.linkedin.com/company/senior-matters-home-health-care/>

<https://www.linkedin.com/in/kathleen-carmody-39541012/>

<https://www.facebook.com/seniormattersforyou>

#### Ohio End of Life Options

<https://ohiooptions.org/>

<https://www.linkedin.com/company/ohio-end-of-life-options/>

<https://www.linkedin.com/in/mollygraziano/>

<https://www.linkedin.com/in/lisa-vigil-schattinger-msn-rn-5b960247/>

<https://www.facebook.com/OhioEndofLifeOptions>

X: @OhioOptions

Video <https://www.youtube.com/watch?v=IsBull1bzfQ>

YouTube channel <https://www.youtube.com/channel/UC40feTREEU1pdljpyCovfIA>

#### Death Duola Information

International End of Life Doula Association <https://inelda.org/>

Registry for Death Doulas

[https://inelda.org/?gad\\_source=1&gad\\_campaignid=22318535006&gbraid=0AAAAABfJ2fn66NtHwvBQfsBjgqBJBfwfb&gclid=Cj0KCQjw93DBhDARIsADR\\_DjFU5iTVLjY5nFHjb-c7fTKmTafBNMqD8mgWxRq-C\\_q18YX9HahggYQaAv5qEALw\\_wcB](https://inelda.org/?gad_source=1&gad_campaignid=22318535006&gbraid=0AAAAABfJ2fn66NtHwvBQfsBjgqBJBfwfb&gclid=Cj0KCQjw93DBhDARIsADR_DjFU5iTVLjY5nFHjb-c7fTKmTafBNMqD8mgWxRq-C_q18YX9HahggYQaAv5qEALw_wcB)

What a Death-Doula can do for you <https://health.clevelandclinic.org/death-doula>

Conversations on death <https://www.pbs.org/independentlens/blog/death-is-just-one-day-how-end-of-life-doulas-are-changing-the-conversation-around-how-we-die/>

#### Organizations and Resources

The NOK Box <https://www.thenokbox.com/>

Ohio Department of Aging <https://aging.ohio.gov/home>

Nursing Homes Navigator <https://aging.ohio.gov/care-and-living/long-term-care-quality-navigator/nursing-homes>

Long-term Care Consumer Guide <https://ltc.ohio.gov/care-information/care-options/nursing+home+compare>

U.S. Department of Health and Human Services/Center for Medicare & Medicaid Services

<https://www.medicare.gov/>

Information on providers, including nursing homes <https://www.medicare.gov/care-compare/>

Five Star Quality Rating System <https://www.cms.gov/medicare/health-safety-standards/certification-compliance/five-star-quality-rating-system>

Compassion and Choices <https://compassionandchoices.org/>

Death with Dignity National Center <https://deathwithdignity.org/>

Academy for Aid-in-Dying Medicine <https://www.aadm.org/>

Video: <https://www.youtube.com/watch?v=IsBull1bzfQ>

Book: "Finish Strong: Putting Your Priorities First at Life's End" by Barbara Combs Lee

[https://www.amazon.com/Finish-Strong-Putting-Priorities-SECOND-ebook/dp/B0BC2DH1NG?ref=ast\\_author\\_mpb](https://www.amazon.com/Finish-Strong-Putting-Priorities-SECOND-ebook/dp/B0BC2DH1NG?ref=ast_author_mpb)

Take Me Out Feet First: A Documentary Series about Medical Aid in Dying <https://www.outfeetfirst.com/>

#### Articles of Interest:

[https://www.nytimes.com/2025/06/09/nyregion/assisted-suicide-medical-aid-in-dying.html?campaign\\_id=9&emc=edit\\_nn\\_20250610&instance\\_id=156238&nl=the-morning&regi\\_id=105581789&segment\\_id=199634&user\\_id=38223200869c364f72fa0d63e0d1f606](https://www.nytimes.com/2025/06/09/nyregion/assisted-suicide-medical-aid-in-dying.html?campaign_id=9&emc=edit_nn_20250610&instance_id=156238&nl=the-morning&regi_id=105581789&segment_id=199634&user_id=38223200869c364f72fa0d63e0d1f606)

[https://www.nytimes.com/2025/06/14/opinion/assisted-suicide-new-york.html?campaign\\_id=9&emc=edit\\_nn\\_20250615&instance\\_id=156576&nl=the-morning&regi\\_id=105581789&segment\\_id=199968&user\\_id=38223200869c364f72fa0d63e0d1f606](https://www.nytimes.com/2025/06/14/opinion/assisted-suicide-new-york.html?campaign_id=9&emc=edit_nn_20250615&instance_id=156576&nl=the-morning&regi_id=105581789&segment_id=199968&user_id=38223200869c364f72fa0d63e0d1f606)

<https://kffhealthnews.org/news/article/aid-in-dying-travel-medical-tourism-vermont-oregon-state-legislation/>

<https://www.daytondailynews.com/ideas-voices/different-perspectives-on-end-of-life-choices-in-ohio/XNQZDPWXLBBB5LHQVA7JKHBTRM/>

<https://www.usatoday.com/story/life/health-wellness/2025/06/16/medical-aid-in-dying-brittany-maynard/83963841007/>

<https://www.usatoday.com/story/news/nation/2025/03/31/terri-schiavo-death-after-20-years/82696234007/>

[https://www.nytimes.com/interactive/2025/06/13/magazine/ai-avatar-life-death.html?campaign\\_id=9&emc=edit\\_nn\\_20250615&instance\\_id=156576&nl=the-morning&regi\\_id=105581789&segment\\_id=199968&user\\_id=38223200869c364f72fa0d63e0d1f606](https://www.nytimes.com/interactive/2025/06/13/magazine/ai-avatar-life-death.html?campaign_id=9&emc=edit_nn_20250615&instance_id=156576&nl=the-morning&regi_id=105581789&segment_id=199968&user_id=38223200869c364f72fa0d63e0d1f606)

Article not supporting end of life choices:

<https://www.daytondailynews.com/ideas-voices/voices-think-thrice-before-supporting-assisted-suicide/F7WLBTDXRZF7HMZ4D4LYAMKNIU/>